



Constipation Mood changes, from depression to euphoria Food cravings Neck stiffness Increased thirst and urination Frequent yawning	Pain on one side or both sides of the head Pain that feels throbbing or pulsing Sensitivity to light, sounds, and sometimes smells and touch Nausea and vomiting Blurred vision Lightheadedness, sometimes followed by fainting
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Students may: Be distant or unfocused Have trouble concentrating Seem stressed or panicked Be unable to hold proper conversations

(Please note: This behavior is situational and may be different for every student)

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| <ol style="list-style-type: none">1. Allow student to leave class when necessary2. Allow student to have food or drink when necessary3. Discuss certain accommodations with student4. Make sure student is aware that they will not be penalized for these extra accommodations5. Do not draw unnecessary attention to the student6. Understand the needs of the individual student. |
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